

Shape Up Missouri

Joins Parkway School District for SHAPE UP to LIVE FIT

Sunday, May 1, 2011

Event Time: Noon - 4 pm

5K Run: Noon

Location: Parkway West High School

14653 Clayton Road

Ballwin, MO 63011

Admission: FREE

It is the BEST HEALTH AND WELLNESS EXPO in Missouri. It is for Kids, Teens, Parents, Teachers, Seniors and the Community at Large. Entertainment, Games, Prizes and Fabulous Free Tastings

Presenting Sponsor:



ST. LOUIS' HEALTHIEST FAMILY CONTEST

Does your family have what it takes?

Enter NOW!

www.shapeupus.org/



- * Whole Foods * Clowns and face painters * Stage performances
- * St. Louis Pioneers * Superman * Free Give-A-Ways * St. Louis Rams * St. Louis Blues
- * River City Rascals * Inflatables * American Heart Association
- * Hip Hop Star Eric James * Fire Truck * Fitness Stations
- * Juggler * Favorite Mascots * Mascot Olympics * Chipotle
- * Smoothie King * 5K Run * Much more . . .

**Contact Jyl Steinback at
Jyl@ShapeUpUS.org or 602.996.6300**